

pip

Partners in Paediatrics

Winter 2015

Newsletter



www.partnersinpaediatrics.org

Tim's Chat

Hi Folks – Welcome back – an update on what I have been doing over the past 3 months, as Clinical Lead, on your behalf.

Prof. Steve Cropper and I presented at the Nuffield Trust “New Models for Delivery” conference on the 15th September, discussing how PiP has facilitated the development of varied clinical networks and giving an outline of one model of paediatric care delivery being developed in Dudley, alongside other models being promoted in other parts of the UK. It was very useful to compare the various models and learn from their experiences of success.

Our inaugural regional Children’s Commissioners’ Forum took place on the 22nd September. It proved we would all benefit from such a Forum - for sharing commissioning practice, offering peer support and focusing on the educational and training needs of paediatric commissioners, who are often expected to fulfil a very wide variety of commissioning roles with little experience or support. The crucial overlap between physical and mental health commissioning was highlighted and the first work stream to take forward from the Forum will be the development of a learning set focusing on robust Needs Assessment processes.

I would like to thank our SCN colleagues for co – producing the Forum and outlining how this work stream will fit with overall regional service development and commissioning.

PiP held its Annual Conference in October opening with an energetic and inspiring “call to arms” by **Kath Evans** who set the tone for the day, focusing on the voice of children and young people in commissioning and monitoring paediatric services, as clearly outlined in the Kennedy report. Young

people’s mental health was featured by “Forward Thinking Birmingham”, which showed how mental health services can be designed in conjunction *with* children and young people.

The great work of **Dr Mando Watson** and her team at Imperial College - developing the multi-disciplinary team approach to paediatric care based in GPs’ surgeries - is an integrated model we all should consider. The outcome data is showing considerable impact of this way of working. A full report of the conference will follow shortly.

Finally, **Julia and I** attended the Council for Disabled Children’s Conference - ‘Prioritising Children’s Health Services’ - held on November 24th. In addition to representing PiP, I also presented information regarding the Dudley Vanguard. The Conference concentrated on how to measure outcomes in paediatric care, as opposed to process. The keynote speech from **Prof. Ian Lewis** pointed out how far we have to go. **Dr. Karen Horridge** highlighted the importance of data to act as a ‘lever for change’ and indicated how inadequate our data collection is to inform commissioning and service delivery. Some useful tools for gathering the views of parents and carers in our health systems will also be knowledge I am taking back to my clinical practice.

Thanks for listening - and
have a very Happy Christmas and
New Year!



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Annual Conference October 2015

The Conference was described by **Mando Watson**, Consultant Paediatrician at Imperial College, as “an inspirational day” - providing many 'light bulb' moments! We have taken the liberty of plagiarising some of the material from Mando's 'blog':

[An inspiring day in Birmingham – learning through doing](#)

[Kath Evans](#)' opening speech was as energising as ever, reminding us that children and young people and their families are assets in the health care system. In relation to children and young people we need to work *with* them, *for* them and *advocate* for them". The 2012 CMO's report [our children deserve better: prevention pays](#), shows that we have started to listen. Earlier this year the [in patient user survey](#) showed that high quality experience is reported by children and young people in hospital – while that's good, it is disappointing that the experiences of those with significant complex disability and mental health difficulties were not so good.

A team from 'Forward Thinking Birmingham' presented. [This group](#) aim to be 'the first city where mental health problems are not a barrier to children, young people or young adults achieving their dreams'. We were reminded to design mental health service for children, *with* children. This was a great illustration of the use of 'experts by experience'. The commissioners listened to the young people – **and** changed the service specification in response to their views. This model has a 'go live' date of April 2016.

Hannah's story showed how one young person's negative experience of the healthcare system could be turned into a learning opportunity, and through the wonderful work of [Fixers](#), her story, 'Behind the Curtain', is available for us all to learn from.

Connecting Care for Children (CC4C): Mando & three members of her team, shared the story of their journey. There is not room here to do justice to their presentation, but there was a great deal of interest in the CC4C model and their [whole population approach](#).

Dudley Youth Researchers: The two Dudley Youth Researchers, Rhys and Megan, rounded off the morning. These young people informed us about the many issues that are important to them; once again, mental health tops the list.

Tim Horsburgh reminded us of the need to develop new models of working. The team in Dudley are developing a model very similar to CC4C so it will be interesting to see how the respective models of care develop.

In the afternoon, **Kath Evans** led workshops on the importance of social media and **Karen Higgins**, (Health Champions Manager, Shropshire CCG) led discussions about 'Engaging effectively with children and young people'. The day was facilitated by PiP's Academic Adviser, **Steve Cropper** and the Graphic Facilitation done by **Rachel Burton** from Dudley Voices for Choice (supported by **Sarah Offley** from DVFC).

Message from Liz Nicholson

Liz is stepping down as Chair of PiP at the end of March 2016, having joined the organisation as Chair in 2013.

“As PiP prepares to recruit its new Chair, I wanted to take the opportunity to say a very big thank you to all the people that I have worked with over the last few years as Chair of PiP. It has been a privilege to work with so many dedicated people, focusing on improving the health and well-being of the children and young people in our region.

I am very proud of the excellent work done by PiP over the last three years, in facilitating and supporting a range of activities across the region. I am particularly pleased with the success of PiP's priority on the involvement and engagement of children and young people themselves, in developing and reviewing services. It is now an agreed expectation that our members engage with young people and find fun and novel ways to involve them in service design.

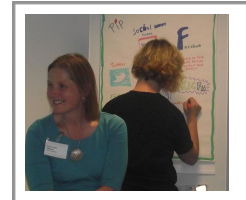
As I hand over the baton in April next year, I leave confident in the fact that everyone will ensure that this momentum for listening and engaging with children and young people will continue. I hope too that everyone involved with the delivery and commissioning of children's health-care services will continue their commitment to improving services for children and young people.

Finally I would like to thank Julia, Tim, Lesley and Steve for all their hard work, often behind the scenes, in driving PiP forward”.

New Chair: 'Expressions of Interest' are currently being sought and interviews will take place in February. We anticipate the new Chair will attend the Board meeting on March 9th.



Liz with Rachel at the Annual Conference



Kath with Rachel (doing the Graphic Facilitation)

The dates of the 2016 Board meetings are:

Wednesday, 9th March and Thursday, 9th June

Meetings are held between 2pm and 4pm

Venue for March Meeting - Dudley CCG.

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Changes to Paediatric services at the Royal Stoke & Stafford County Hospitals

Royal Stoke University Hospital

In May this year, inpatient children's services (26 bedded Shugborough Ward) relocated from County Hospital, Stafford, and integrated into the existing Children's Centre (CC) at Royal Stoke University Hospital, one of the world's most modern hospitals. The CC is a 'hospital within a hospital'.

As one of the largest child health centres in the county, it is a centre of excellence for many specialist medical conditions, and for some specialties is on a par with many dedicated children's hospitals.

A brand new and additional children's ward has been opened within the CC to provide more capacity on site; it has been refurbished and is staffed with skilled and experienced paediatric consultants and nurses. The ward areas are currently being reconfigured to provide a short stay and day case medical ward, a long stay medical ward and oncology unit, and a combined day case and surgical inpatient ward.

Stafford County Hospital

Children's Assessment (formally PAU) and outpatient services continue to be available at County Hospital, and they have been improved and enhanced to be more vibrant than ever before. The PAU benefits from being co-located with the Children's Emergency Department in a purpose built area adjacent to the adult ED. Open between 8am and 10pm, the service is run by Emergency Consultants with paediatric training, Advanced Nurse Practitioners and senior children's nurses.

New Rapid Access Clinics (RACs) have been introduced; these ensure children, who do not need admission to hospital, but who may need an urgent, next day appointment for a consultant paediatric opinion, can be seen quickly and locally. The RACs operate 7 days a week, including Bank Holidays. (Monday to Friday from 1.30 pm until 5pm and weekends from 3pm to 6pm). GPs and other professionals can refer to this service - including GPs in Stoke on Trent - should people wish to go.

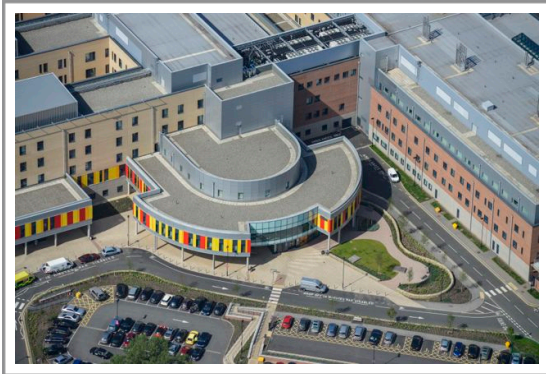
Children's outpatient services continue to be available. Consultant-led outpatient clinics for general paediatrics and specialist conditions, as well as gastroenterology, diabetes, respiratory, allergy and neonatology will be expanded and improved. Clinics will be offered for 2 days wait referrals in oncology. An enhanced Phlebotomy clinic will be available and a new outpatient cardiology services will be introduced in the future.

Plans are underway to expand outpatients to include nurse led clinics for skin prick testing, lung function testing and sweat testing (not currently available at County Hospital).

Longer term plans for the **Royal Stoke site**, include the development of an on-site Ronald MacDonald House. These Houses enable families to maintain a degree of normal life whilst their child is undergoing medical treatment, in partnered specialist children's hospitals across the UK.

For more information, please contact:

Mike Poulson: michael.poulson@uhnm.nhs.uk
Commercial and Marketing Manager, Royal Stoke Hospital



Exterior of the Children's Centre - Royal Stoke



Children's Emergency Centre, Stafford County



Staff at the Children's Emergency Centre

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**Cerebral Palsy & Spasticity Network (CPSN) Study Day -
held on 18th November**

PIP facilitated this Study Day - the second Study Day the CPSN have organised. It was aimed at Consultants, doctors in training, and all members of the multi-disciplinary team.

There were several presentations - all of which were interesting and stimulated considerable debate.

Emma Shears, Orthopaedic Surgeon at UHNM, looked at the evidence about the current use of botulinum toxin (Botox).

Steve Cooke, Orthopaedic Surgeon at UHCW, gave an update on the use of intrathecal baclofen in cerebral palsy (CP).

Mark Gaston, Orthopaedic Surgeon at the Royal Hospital for Sick Children in Edinburgh, explained the work that they have been doing in developing CP Integrated Pathways and the value of having a comprehensive database for integrated data collection.

Rob Freeman, Orthopaedic Surgeon at Robert Jones & Agnes Hunt considered the issues in relation to commissioning for specialist services.

Two Associate Professors from Warwick Clinical Trials Unit, **Andy Metcalfe & Simon Gates**, discussed the potential for clinical research and starting multi centre trials in the West Midlands.

Anna Fry, Clinical Lead Physiotherapist at Coventry & Warwickshire Partnership NHS Trust, considered issues in relation to post-intervention physiotherapy for Selective Dorsal Rhizotomy (SDR).

Ram Vadivelu, Orthopaedic Surgeon at BCH, presented difficult case studies, and led the subsequent discussions.

The day was well attended, with good representation from members of multi-disciplinary teams. The feedback from the event will be used to plan the next Study Day to be held in 2016.

Emma's presentation was challenging. She questioned whether Botox is overused in patients with CP. She looked at the current evidence available which raised many questions. She considered the views of 'experts' in this field, which showed that there is great variance in how Botox is used, how often it is used across the Region and its overall effectiveness. Certainly a debate that will continue...

Steve gave information about the intrathecal baclofen (ITB) service which is under pressure - (Nottingham no longer put ITB pumps in or replace them). The use of Selective Dorsal Rhizotomy (SDR) as an alternative treatment was also discussed.

Anna's presentation promoted considerable discussion about the provision of physiotherapy; there is wide variance in how much physio children & young people receive post SDR treatment.

Mark raised considerable interest in a database that is used in Scotland for data collection and developing integrated pathways.

Many questions were raised that need addressing in the future, particularly in relation to standardising care, the potential for starting clinical research and having a database - similar to the Scottish model.

It was acknowledged that other professionals - community paediatricians, neonatologists, occupational therapists and orthotists - need to be involved in the Network.

One parent representative attended, but it was recognised that more involvement is needed from parents / carers / children and young people as they are integral to partnership working and co-design of services. Transition into adult services is a particular area that needs to be addressed.

The clinicians would also like to develop a working relationship with Children's Commissioners, to highlight the issues relating to CP services, in order to address them and ensure a regional approach.

It is the intention for these to be addressed at the next Forum for Children's Commissioners, scheduled for Tuesday, 23rd February 2016.

A full report from the day is on the PIP Website.

If you would like to be involved in the work of the CPSN network, or require further information please contact Steve Cooke or Ram Vadivelu:

Stephen.Cooke@uhcw.nhs.uk

rvadivelu1@nhs.uk



Steve Cooke (left) with Mark Gaston

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Forum for Children's Commissioners

The second meeting of this Forum will be held on
23rd February 2016
at **Dudley CCG**

The Forum is chaired by **Tim Horsburgh**

At the first meeting of the Forum (held in September), we discussed how best we could provide support to Commissioners, and add strategic value to children's commissioning work. One programme of support considered was 'Leadership Development'. The proposal, providing the action focus for our leadership development, was on sharing, examining and developing our Needs Assessment processes, so that they are more rigorous and defensible, and more comparable - to enable us to check how one area is doing alongside others. How do we, as commissioners, assure and champion the proper assessment of Health and wellbeing needs of our children and young people?

We have given further consideration to this and propose that it would be better to focus the action enquiry on a specific area. A candidate focus would be services for children with Cerebral Palsy. At a recent Study Day, organised by the Cerebral Palsy & Spasticity Network (CPSN), a number of issues about these services were highlighted: including inequity of access to services, different standards of care and treatment regimes for all aspects of care, ie surgery, post treatment physiotherapy requirements etc. This would be a 'manageable bite', which could model how needs assessment could be undertaken in other areas of need.

Mr Steve Cooke, Consultant Paediatric Orthopaedic Surgeon at UHCW, and one of the Clinical Leads for the CPSN, will be attending the meeting to outline the issues.

The draft document with the Aim and objectives of the Forum has been updated in light of the comments received during the brainstorming exercise carried out at the September meeting. These will be finalised at the next meeting.

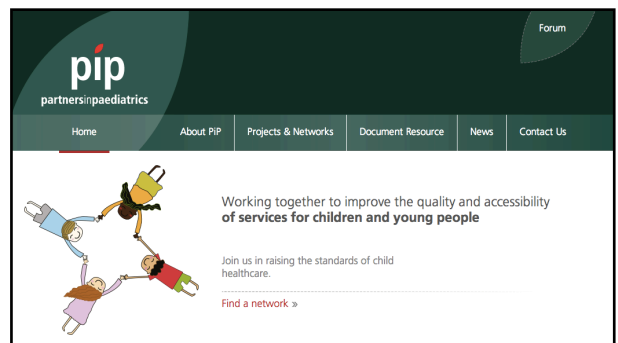
(See page 4 of Newsletter for report on the CPSN Study Day).

The PiP Website

The Website has been running for 18 months now and we are currently reviewing it.

We would like to know your views on how it can be improved.
Please let us know!

The aim is that the website is a 'repository' for examples of 'good practice' and that it can be used for advertising any educational events that are taking place around the region.



www.partnersinpaediatrics.org

Would you like to share an example of good practice?

Has your organisation developed a new service or model of care that you would like to tell us about?

If you would like to include anything in future newsletters, or would like examples of 'good practice' put on the website, please contact

Julia Greensall or Lesley Hines.

l.hines@nhs.net

Paediatric Anaesthetic Network (PAN) Study Day

The PAN are holding their **10th** Study Day on

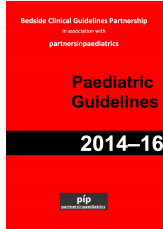
Friday, 26th February 2016

For further details see the website or contact **Lesley Hines**

l.hines@nhs.net

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Update on NICE Accreditation of the Guidelines:

As reported in the last Newsletter, two representatives of the Guidelines Editorial Board attended the NICE Accreditation Advisory Committee held in May, where the decision was made not to 'accredit' the Paediatric, Neonatal & Obstetric Guidelines ("the Guidelines").

As a meeting held on 3rd December, representatives from the three Guideline groups considered the issues raised in the Accreditation report. It was agreed not to submit at further application to NICE at this time.

The Guidelines are produced to support and improve the quality of services in obstetrics, neonates and paediatrics and there was agreement that this work can continue without NICE Accreditation.

However, it was recognised that undertaking the assessment process had been useful. When developing future paediatric guidelines, some of the learning points highlighted will be considered - for example, ensuring user involvement early on in the process and highlighting any potential 'conflicts of interest'.

We would like to thank Andrea Read, Quality Improvement Lead at the SCN, for her hard work in collating the information for presentation to the Committee.

Paediatric Editorial Board:

We are delighted to welcome **Dr Surendran Chandrasekaran**, as a member of the Editorial Board. Surendran has worked as a Consultant Paediatrician with a special interest in Diabetes since late 2009. He is based at East Cheshire NHS Trust where he is also the undergraduate tutor for Paediatrics.

The next meeting of the Editorial Board will be held in January 2016.

Update on the Networks for Looked After Children and the WM Regional Child Death Overview Panel.

PiP is supporting the twice yearly meetings of the **Looked After Children (LAC) Network**, which covers the West and East Midlands. The next meeting of the Network will take place on **Thursday, 14th April**, and meetings will be held at the West Midlands Public Health England offices in St Philips Place, Birmingham.

The Chair of the LAC Network is **Dr Varsha Sadavarte**, Consultant Paediatrician at UHNM. **Lynnette Parsons** is the Nurse who chairs the Designated Professionals Group.

The meetings were previously supported by the British Association of Adoption & Fostering (BAAF), but the organisation (now known as CoramBAAF) is no longer able to do so. Members of the Network include Designated Nurses and Doctors who work with Looked after Children. The meetings have an educational purpose, providing peer support, CPD and audit.

Regional CDOP Network

The West Midlands Safeguarding Forum have agreed that the Regional CDOP Network is a subgroup of the Forum. The Chair of the CDOP Network is **Dr Claire Thomas**, Consultant Paediatrician at Wolverhampton, and **Mandy Viggers**, Designated Nurse for Safeguarding Children, Walsall CCG, is Vice Chair.

The next meeting will be held on **Thursday, 28th January at St Chad's Court - 1.30pm to 4.30pm**. For further information, please contact **Dara Lloyd**, who is providing administrative support: daralloyd@warwickshire.gov.uk

Mapping of Safeguarding Groups

Alison Tennant, Deputy Director of Nursing & Quality at WM NHS England, is currently mapping the groups across the WM and northern part of the region.

More information will be included in the next Newsletter.

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