


Young People's Health Resource Newsletter August 2021

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development.

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YPHSIG: Young Persons Health Special Interest Group

Is a group of health professionals within RCPCH but with co-opted members from RCN, RCGP RCP and AYPH creating a focus for professionals within the college working in the field of young people's health? Non-RCPCH members are very welcome to join too. If you are interested in joining YPHSIG and/or would like to find out more about it, please go to www.yphsig.org.uk and/or follow us on @yphsig

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health in the UK? If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content

Young People's Bookshelf

Wonder

 **Auggie and me. Three wonder stories** – books for CYP by RJ Palacio (reading age 9-11 years)

WONDER tells the story of Auggie Pullman: an ordinary boy with an extraordinary face due to a facial abnormality, whose first year at school changed the lives and the perspectives of everyone around him.

AUGGIE & ME is a new side to the WONDER story: three new chapters from three different characters - bully Julian, oldest friend Christopher and classmate Charlotte - giving an insight into how Auggie has touched their own lives.

Professional Webwatch

 https://www.youtube.com/watch?v=IxxVhBYgJps&ab_channel=Spotlight

Health Spot: a new GP service for young people (Tower Hamlets, London)

Health Spot was formed in collaboration with Spotlight, the NHS, Tower Hamlet's GP Care Group, Safe East and Docklands Outreach, and co-designed with young people to help ensure they get the right support.


 <https://www.quit.org.au/articles/teenvaping/>

E-cigarettes and teens: what you need to know


Australian resources for parents, teachers and young people explaining the risks associated with e-cigarette use in teens


Professional Bookshelf


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Training in Young People's Health : Transition

The Draft Core Capabilities Framework for the Transition of Young People into Adult Services in England-national consultation

Overview

The Framework articulates the core capabilities describing the knowledge, skills and behaviours required by all healthcare staff working with young people who are transitioning to adult services. Currently there is no national framework that addresses this need.

This Framework is part of a wider programme of work and will build upon and be complementary to previous and current work undertaken by NHS England and Improvement (NHSE/I) and the Burdett National Transition Nursing Network. It will support this ongoing work of the need for the successful transition of young people between children's and adult services as identified by the NHS Long Term Plan.

The current draft capabilities have been developed by a national steering group of experts as well as young people and parents. We are going out to wider consultation on the capabilities themselves which will form the key part of the Framework document. The Framework will also describe the context and background.

The development of a Core Capabilities Framework will provide the health sector with a starting point to identify education and training currently available, as well as identifying any gaps. In the future this will assist the application of a consistent approach to training for the successful transition of young people between children's and adult services. It will be applicable to both clinical and non-clinical staff across all levels of roles in the workforce.

Whether you are a healthcare member of staff, young person, parent or carer your views are very important to the development of the Framework and thank you for taking the time to complete this survey.


The survey will be live from Monday 12th July until Sunday 22nd August 2021.

Link to the survey: <https://skillsforhealth.org.uk/have-your-say-on-the-transition-of-young-people-into-adult-services-core-capabilities-framework/>

Research

The Work Ready Network project.

In your work with young people (in the 10-24 year old age range) do you address vocational issues of any kind with them? We would like to hear from you either way! We are a group of researchers in the University of Manchester who are building a research programme to look at the work readiness of young people with long term health conditions and how professionals and in particular health professionals can support such young people as they enter the world of work.

 Please head to https://www.qualtrics.manchester.ac.uk/jfe/form/SV_egL65CCJ0rxAh2S to anonymously share your opinion. We will use the information collected to inform the development of a network of professionals interested in future research in this area and a potential research agenda.

If you would be willing to be interviewed by phone (or via an online platform if you prefer) for this study, please contact laura.lunt@manchester.ac.uk for further information

The project is led by Dr Janet McDonagh at the University of Manchester in collaboration with colleagues at the University of Manchester and Dundee.

Study Twitter account: @WorkReady_UK

Call for submissions addressing Young People's Health

Special Issue in **Healthcare Journal** (Impact factor recently increased from 1.916 to 2.645) "Adolescent and Young Adult Health through a Developmental Lens" (Guest editors Janet E McDonagh and Albert Farre) Submission deadline November 2021.

https://www.mdpi.com/journal/healthcare/special_issues/Adolescent_Young_Adult_Health_Developmental_Lens

New Journal "Youth" recently launched. <https://www.mdpi.com/journal/youth>.

Youth is an international, open access, peer reviewed journal on education, sociology, economics, cultural studies and other social perspective of youth and young adulthood published quarterly online by MDPI.

Forthcoming Dates for your Diary!

2021

September		
9	3rd European Symposium on Transition (online)	https://transition-symp.sciencesconf.org/
14	Understanding self-injury in children and teenagers	For further information and to book your place visit https://www.healthcareconferencesuk.co.uk/conferences-masterclasses/self-injury-in-children-and-teenagers or email kerry@hc-uk.org.uk
October		
6	RCPCH online course <i>How to manage Eating Disorders</i> 0930-1600	www.rcpch.ac.uk
Nov		
19-21	IAAH <i>12th World Congress Adolescent Health Meeting the challenge of global change</i> Lima, Peru (re-organised from 2020)	http://www.iaah2020congress.org/en hybrid online/on site model abstract deadline 1 May 2021

Also check out: <http://www.youngpeopleshealth.org.uk/events/>

Do you know of any other useful resources or opportunities for professional development in young people's health?

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk